

# The Adrian Herald

SEPTEMBER/OCTOBER 2002

## EMPRESS PREVAILS IN IMPERIAL WAR UNCONTESTED WAR WEEKEND DECLARED "LOTS OF FUN"



*Sir Arion Hirsch, Archduke of Brandenburg, takes on an unidentified opponent at the Imperial War West. Photo by Sir Jakob der Jude.*

After a weekend of spirited competition, Dame Maedb, Empress of Adria, and her army led by Sir Arion Hirsch, prevailed over the combined forces of the Kaiser, Sir Karl von Katzburg, and his paramour, Dame Elisabeth. Her Imperial Majesty's success on the field of combat and in the Arts assured her the right to divorce His Imperial Majesty. Details of the divorce settlement were not available at press time (but it's a bunch!).

For those members of the populace unfamiliar with "the story," Her Imperial Majesty sued for divorce after finding that Sir Karl was receiving additional special "mercy" from Dame Elisabeth, abbess of the Order of the Sisters of St. John, as she nursed him back to health this year. Sir Karl countered by requesting an annulment of his marriage to Dame Maedb by the Church of Adria. No matter the outcome, Sir Karl is now free to remarry Dame Elisabeth, his former wife and former Empress of Adria, and crown her Empress of Adria on November 2.

As this was an uncontested war, the scenario described above provided lots of fun for the approximately 350 people that attended this year's Imperial War West at Featherly Park over Labor Day Weekend. While it was unusually hot and humid (110°F and 98% humidity by some reports), the competition was spirited: both sides fielded large armies, and approximately 20 entries in the Arts lists kept the judges busy for both days of the war.

With the Imperial War over, attention now turns to the upcoming Jubilee of Sir Karl and the Coronation of Dame Elisabeth. This year's "Coronation Jubilee" will be held in the Archduchy of Tierra del Fuego, home to both monarchs, at the beautiful and historic Clocktower Fortress Building in Benicia, California. See inside this issue for more information, and additional photographs from the Imperial War West.

## IMPERIAL ESTATES MEETING AND CORONATION NOVEMBER 2ND & 3RD, 2002

The November meeting of the Imperial Estates will be held within the borders of the Archduchy of Tierra del Fuego at the Best Western Heritage Inn in Benicia, California. The meeting will begin 9am Saturday; Sunday's opening time will be announced Saturday at the meeting. The nearest airport is the Oakland International Airport. Coffee and ice water will be provided during the meeting.

Best Western Heritage Inn  
1955 East 2nd Street  
Benicia, CA 94510  
(707) 746-0401 (reservations)  
[www.bestwestern.com](http://www.bestwestern.com)

Discounted room rates (\$75 for two double queen beds) are available for those calling by October 18th. Be sure to mention "Adria, Inc" to get them. Complimentary Continental Breakfast included.

The Imperial Coronation will be held in the nearby Clocktower Fortress, 1189 Washington Street, Benicia. Those wishing to help please contact Dame Maud de Clayton, the Archduchess of Tierra del Fuego (see contact list). Tickets are \$15, which includes dinner, advance purchase required. Send check or money order to the Imperial Steward, Sir Terrin, payable to "Adrian Empire, Inc". Ticket orders must be received by October 25th. Please include the mundane and game names of all persons being paid for. A roster of paid reservations will



*The Clocktower Fortress in Benicia (1856), site of the Coronation of Karl and Elisabeth.*

The Archduchy of  
Tierra del Fuego  
requests the pleasure  
of your presence  
at the coronation of  
Karl II  
and  
Elisabeth II  
on November second,  
two-thousand and two  
at seven o'clock in the evening  
Clocktower Fortress  
Benicia, California

be kept at the door, where you can collect your receipt. Hall will open at 6pm, with festivities beginning at 7pm.

For those wanting to avoid renting a car, airport transportation is available as listed below. Public transportation is available from Oakland Airport via BART to the Pleasant Hill Station & then via Benicia Transit to Solano Square. From Solano Square you can either take the Benicia Rocket to the Best Western, Dial-A-Ride, City Cab or Yellow Cab. There is also a shuttle to nearby Vallejo and the Vallejo Ferry Terminal. We're looking into carpooling & shuttle possibilities from the meeting to the coronation.

- Oakland Airport Information (510)577-4000  
[www.flyoakland.com](http://www.flyoakland.com)
- East Bay Connection (800) 675-3278
- Benicia Chamber of Commerce (707) 745-2120  
[www.visitbenicia.com](http://www.visitbenicia.com)
- Benicia Visitor Services (800) 559-7377
- Benicia Transit (707) 745-0815
- BART (510) 465-BART [www.bart.gov](http://www.bart.gov)
- San Francisco Bay Area Transit Info  
[www.transitinfo.org](http://www.transitinfo.org)
- Benicia Yellow Cab (707) 745-3211
- Benicia Dial-A-Ride (707) 748-0808
- City Cab (707) 643-3333

# NATIONAL INVITATIONAL STEEL TOURNAMENT

## OCTOBER 12 AND 13, 2002

### SUNSET PARK, LAS VEGAS NV

Their Royal Majesties, King Eduardo and Queen Aleigha of Aragon, declare that the Fourth National Invitational Steel Tournament shall be held on October 12<sup>th</sup> and 13<sup>th</sup> at Sunset Park in Las Vegas, NV. They extend to one and all an invitation to come and join the Populace of the Kingdom and test your skills in Archery, Arts & Science, Shinai, Ren and Steel. Great prizes have been obtained and will be gifted to the Victors!

The tournament will take place at the Clark Count Parks and Rec (CCPR) Renaissance Festival and has been sanctioned by the Imperials. We will be camping at Sunset Park. We will be setting up the encampment on October 9<sup>th</sup> and 10<sup>th</sup>. If you would like to camp with us, please notify TRMajesties, King Eduardo ([ewp1956@yahoo.com](mailto:ewp1956@yahoo.com)) and Queen Aleigha ([fyredrayk@hotmail.com](mailto:fyredrayk@hotmail.com)) of your intention. On Friday, October 11<sup>th</sup>, the local schools will be visiting the Festival site during the morning hours and the Festival itself will open at about noon. Festival hours will be, Friday from Noon to 10pm, Saturday, 10am to 12 Midnight and Sunday, 10am to 5pm.

The Steel Tournament will take place on Saturday and Sunday. Shinai will be held Saturday morning, with armor check on the list field at 10am. Steel will take place Saturday afternoon, starting at 1pm and continuing until combat is finished. Sunday will see Sergeant's Ren at 10am and Knight's Ren starting at 1pm that afternoon. Registration forms are available by contacting the Kingdom Chronicler, Lady Nut-

meg, at [seafish7@aol.com](mailto:seafish7@aol.com). The registration form will also be posted on the kingdom website at [www.kingdomofaragon.org](http://www.kingdomofaragon.org). Cost for participating in any of the events is, \$10. That means, \$10 if you are only fighting steel, \$10 if you are fighting steel, Knight's Ren, Arts, and Archery! However, this year we are offering an early registration fee of \$8 per person, all activities. Early registrations must be received prior to midnight, October 4<sup>th</sup>, 2002. Arts and Sciences will be judged (time tbd) during the Festival. No feasts are being planned at this time.

Archery shoot for the tourney will follow standard Imperial shoot rules. The standard Imperial target will be used. There will be three rounds shot. First round will be kneeling, 6 arrows shot. Second round will be a speed shoot, as many arrows as possible in 60 seconds. Third round will be Standing, two rounds of 6 arrows each. Scores from each round are to be added together and the winner will be determined by the highest score. You must turn in a legible score sheet with the following information included: mundane name, game name, mundane signature and scores. These score sheets must be submitted to the Aragon Minister of Rolls and Lists by end of the day, October 11, 2002.

If you have any questions, please contact Their Royal Majesties or Lady Nutmeg at the addresses listed above. Hope to see you all there!

## KINGDOM NEWS

### ARAGON

From Their Majesties of Aragon:

It has been a long and busy month. With the early event in June, the many, many demos during the last month and a half, meetings for Imperial Estates and the late July event, it has been a busy time. We are looking forward to seeing everyone come out and relax, fight and present your arts and sciences at this month's event. We appreciate, most sincerely, the extreme effort that so many of you have put into the various demos and projects this year.

Time is rapidly bringing us to Imperial Crown War and the Clark County Renaissance Fair will be soon after that. There is much to be done to have the kingdom ready for our most important event of the year. If you have some free time, please contact your house sire or other Estates Holders or TRMajesties for a list of ideas and projects that we would like to have completed. Also, if you are planning to work in the Beer Booths, both TAM cards and Sheriff's cards are required. For more information about working the beer booth, please contact Dame Serina at [dameserina@yahoo.com](mailto:dameserina@yahoo.com).

The Fourth International Steel Tourney will be a large part of our Ren Faire work. Sir Gavin MacRaith, as Minister of War and Joust, and Lady Clarissa Chandler, Esq. as Mistress of Rolls and lists will be running the tourney. If you are willing to work as water bearer, Marshall, to answer questions and talk with the crowds, or any other job during the Tourney, please contact Sir Gavin ([gavinmacraith@yahoo.com](mailto:gavinmacraith@yahoo.com)) or Lady Clarissa ([fadedburger@yahoo.com](mailto:fadedburger@yahoo.com)) or TRMajesties. In addition, we will need donations of prizes to be given away. If you are interested in helping with the Steel Tourney, please let us know as soon as possible!

At this time, we would like to extend a heartfelt and sincere invitation to Their Imperial Majesties to attend the Clark County Renaissance Faire and hope that They will allow us to extend our invitation to the entire Empire. The Renaissance Faire will be held on October 11 through 13, 2002 at Sunset Park in Las Vegas, NV. In addition, the National Steel Tourney will be held during the Faire. Information on how to sign up for this Tourney will shortly be posted on our Kingdom website, [www.kingdomofaragon.org](http://www.kingdomofaragon.org).

In Service  
TRM Queen Aleigha and King Eduardo

# KINGDOM NEWS

## SILVER CHALICE TOURNEY

August 17th was the Silver Chalice Tourney in Terre Neuve, Cledwyn ap Llanrwst of Y Ddreig ap Rhyfel, & Terre Neuve's Minister of War & Joust; created a stunning chalice crafted of almost two pounds of pure silver and 11 karats of natural emeralds, which he generously donated to the Kingdom as the prize. The whole chalice was created using period hand crafted techniques, and was truly beautiful to behold! Owing to the superb craftsmanship, as well as wonderful documentation and an insightful oral presentation of the process, Cledwyn was awarded a Masterwork and a Masterpiece! Well, done!

The Silver Chalice Tourney itself was held at the end of the day; it was a shenai tourney, so that all combatants had an equal opportunity to compete. In the end, only one can be victorious, Terre Neuve is proud to say that the victor was Sir ALynn McDonnon of Terre Neuve, fighting as the Queen's champion, who won the coveted chalice! He presented it to HRM Dame Kendra at closing court, his only stipulation, that if it were to be a prize again that it would be able to be won by any member, perhaps in a raffle or auction.

The young prince Killian, son of HRM Badger McDonnon, was made a lord at the event, as per Terre Neuve tradition. Juliet de Ramona of House Dundalk set up the fiber arts booth at the event, and many of us spent an enjoyable time learning new crafts, lucet cord making, and drop spindle. She and Gunther the Grey are busily crafting loaner spindles and lucets and other fiber arts tools as loaners so more can participate, thanks to both for their generosity!

At the August Crown Tourney, full lists were held in Shenai, Renn and Steel, as well as Archery.

- Winner in Shenai: Tailan Bran McNeil of House Y Ddreig ap Rhyfel
- Winner of Renn: Sir Sivax Wartongue of Terre Neuve
- Winner of Steel: Squire Wilhelm the Shakespearean of House of August
- Winner of the Huntsman (Archery) HRM Badger Kelly McDonnon
- Winner of the Bowmen (Archery) Lady Isabella Demasi of House Ama Lur

The archery list had an amazing 23 participants! Huzzah to all of the winners!

After the event, our dear Gunther the Grey of House Dundalk set up his full size trebuchet for the first time, and many stayed late into the evening to watch as sportsballs were launched far across the field, I believe the longest throw was 163 ft! The trebuchet made a second debut at the Imperial War, and many enjoyed watching it in action.

Speaking of Gunther, all of Terre Neuve would like to congratulate him. HIM Sir Karl made him a Lord of the Empire at Imperial War West. I can think of no one who deserves it more! Huzzah for Lord Gunther the Grey!!!

Many wonderful events are coming up in Terre Neuve, in Sept will be a three part collegium on Papier Mache Mask-Making in preparation for a Masked Soltetie Ball in November! We are also happy to announce a Twelfth Night Feast in January to look forward to this year! For more information on upcoming events within the Kingdom of Terre Neuve, you can either go to the kingdomofterreneuve Yahoo! Group or look at our web-site calendar at [www.kingdomofterreneuve.org](http://www.kingdomofterreneuve.org). You may also review our calendar or contact us on the Terre Neuve Information Line at (619) 624-0014 for up to date event information, to reach His and Her Majesties, or to contact any of the Kingdom Ministers.



*His Highness Prince Erik assists Lord Gunther the Grey in preparing the trebuchet for firing at the Silver Chalice Tourney.*





# KINGDOM NEWS

## TERRE NEUVE

Here ye! Here ye! Here ye!

The Great Kingdom of Terre Neuve would like to announce a new addition to the Royal Family. We would like to congratulate HRM Sir Badger and Kasey Kelly on the birth of their beautiful baby boy, Killian James, born on July 17th. He weighed in at 4 lbs. 10 oz. Although Killian weighed in at a low birth weight, he and his mother...and father are all doing very well.

Also, during the month of July, HRM Dame Kendra McFadyen de McDonnon and Lady Claire of Eagles Roost traveled to the Archduchy of Caerleon for the Imperial Estates Meeting. Although their mission was to represent the populace of this glorious Kingdom, they also enjoyed wondrous hospitality and entertainment provided by their hosts, the Duke and Duchess of Caerleon as well as their friendly populace. Terre Neuve would like to extend it's deepest gratitude to Caerleon, and extend an open invitation of hospitality should any of their populace journey to our lands.

Due to the Imperial Estates Meeting and the Birth of our King's son, both Crowns were unable to attend the July event. However, the event went off without a hitch! Three of the Kingdoms members, Squire Shawn Patrick, Lady Akria Krastel and myself (Lady Allonah Rhoudhan) all of the Barony of Spire



*Jauf of the Black Company*

Heights, took over the duties of facilitating the July Crown Event.

Terre Neuve's new fiber gyld met at July's Crown event and had approximately 15 people in attendance. Julie Tamura taught drop spindle and lucet cord making and everyone got a chance to get some hands-on experience with both of those crafts. The name of the new fiber gyld is "All Strings Considered" which won out over a close second choice of "No Strings Attached". The fiber gyld is looking forward to August's Crown event where the topic of tablet weaving will be introduced with samples on display.

A recorder class, to be taught by Gunther the Grey, which was scheduled for July's event had to be canceled as there was simply not enough time in the day to do it! Now that's a nice problem to have! There was time however for a Collegium on "Demos," given by Allora McDonnon, which was very successful and well attended.

During July's event, the children's craft consisted of constructing miniature heraldic banners from felt and sticks. The banners were then used in the "jousting in miniature" tourney by the children. There were 16 banners made by the children, and we even had a number of our high school age kids participate in the craft.

The newly formed Trebuchet gyld hopes to do their first trebuchet demo during Terre Neuve's August Crown event. The newly constructed trebuchet (which will be making it's first formal debut) was designed after a 14th century French design and stands 15 feet tall. A trebuchet preliminary addendum to the combat manual is currently being written in order to be submitted for consideration for play-test during upcoming wars. Please contact Gunther the Grey if you are interested in helping out with future trebuchet demos. During the July Crown event we had many winners: for steel - Sir A Lynn McDonnon (Mike Davis) of Terre Neuve, for Renn - Sir Sivax (Scott Sage) of Terre Neuve, for Shinai - Geoffrey (Jeff Tamura) of Brandenburg, and for the Children's Joust - Master Zach (unknown name) a visitor to our lands. In Archery tournament winners were: Bowman's - James (Jim Hein) of Terre Neuve and for the Huntsman's - Allora McDonnon (Elizabeth Boyd) of Terre Neuve.

For the Arts, there was one entry by Gunther the Grey, a song on recorder, which received a score of 24 pts. Gunther's arts entry was a song entitled "Taunder Naken" performed on a wooden baritone recorder. Taunder Naken was written by King Henry VIII around 1509. It is a secular classical composition originally intended to be performed as a recorder trio.

You can listen to a midi file of Taunder Naken at <http://home.hiwaay.net/~crispen/tudor/music/> which also has a summary of the musical history of King Henry VIII.

Announcing!!!! The Grand Return of the Terre Neuve 12th night! To be held on January 4th at 5:30 pm in La Mesa, CA at the Cottage. It will be located at the La Mesa Community Center, 4975 Memorial Drive, La Mesa Ca, 91941. The cost will be \$10 - \$12 per adult and \$5 - \$7 per child. This will be an ARTS Feast. This means that all foods, decorations, set up and activities will be arts entries. Other activities will include a raffle and dancing. If you would like to bring a dish as an arts entry, or would like to assist, please contact the Crowns of Terre Neuve for more information.



# Western W August

**Y**es, I was a  
I have been  
reenacting  
(everything from  
Civil war to  
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wonderful time  
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the images on  
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joy that I felt.

Jakov





Imperial  
War  
at 2002

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group. I hope  
this page reflect  
warmth and the  
b der Jude



# KINGDOM NEWS

## UMBRIA

The second annual Umbrian Crown Championship Tourney took place on Saturday, August 10, 2002. The premise of this event is to allow people an opportunity to represent their Kingdom and Crowns. This year's combat winners (rapier and steel) were determined by a Pas D'Arms tourney with the winners chosen by their knightly virtues, whether they were knights or not. The Ladies and Lords of Umbria had a great time watching the participants of the Tourney show off their talents and deciding who would be the Crown Champions.

The archers and artisans faced great competition and challenges in their endeavors. The arts judges had a delectable time deciding which arts entry (all food entries) would be the winning entry. So, with great pleasure I wish to announce The Crown Champions as follows: Francis Thomas Archery, Dominika Delafort Rapier, Dame Serene Arts & Sciences, and Sir James the Red Steel. On behalf of the Crowns and those who attended the event, a big THANK YOU goes to Dame Margarita, Sir Blackarrow and Lord Richard for organizing a great event and making it a spectacular day enjoyed by all.

September was a month filled with awards and ceremonies recognizing Umbrians for accomplishments and service in the game. Starting with three knights taking their Second Level Knighthoods in Ministry and Arts & Sciences at Imperial War-West. Congratulations to HRM Dame Aislynne (Knight Civil), Sir Fredrick (Knight Civil) and Sir Michael Sinestro (Knight Master). Also, at Imperial War, Dominika was granted a Ladyship title and Valence Prize was granted a Lordship title by HRM Dame Aislynne. Huzzah! Also, the Queen expressed her many thanks and gratitude to all Umbrians that attended the Imperial War for their selfless service, good company, and demonstration of unity both on and off the field.

At the Umbrian Kingdom Tourney held on September 15, 2002, Sir Thoma took his Second Level Knighthood in Archery. Also, several members of Umbria were recognized for their service to the game and Umbria. TRM Dame Aislynne and Sir Keegan award Maliaka Ayana the Royal Star, while Dame Serene and Dame Circe-Skye O'Malley were awarded the Royal Order of the Worker Bee.

## TIERRA DEL FUEGO

Once again, the "busy season" is upon the populace of Tierra del Fuego, with every weekend taken up by not one but two different "large" Renaissance fairs, along with a host of smaller single-weekend fairs and demos.

For those unfamiliar with the archduchy's somewhat unusual schedule, for the past 20+ years, the members of the archduchy have supplied the "military presence" at the Renaissance Pleasure Faire North (RPFN), originally held at Blackpoint near Novato and more recently near Vacaville. This year the "Faire" has moved to a new site at Casa de Fruita, near Gilroy, south of San Jose. While this move has meant some changes for members in the northernmost reaches of the archduchy (commutes have gone from 30 minutes to 2½ hours), many members living in the more southerly climes have been active, and participation has been good.

Saturday, September 28 saw the March of St. Michael celebrate the feast day of their patron, St. Michael, with a large feast held in the military camp at the fair. Once again, Tierra del Fuego proclaims itself as one of the premiere regions for fine food and drink. Sir Wilhelm der Grosse generously contributed "Wilbur," a fine smoked pig; everyone else attending the feast contrib-

uted appropriate period side dishes, creating a "groaning board" for the enjoyment of the March. Dishes available included braised hare, chickens prepared in sundry dishes, various pickles, roasted meats, several vegetables, mushrooms (both cooked and pickled), homemade applesauces, breads, cheeses, tarts, and other sweet and savory dishes. A highlight of the feast was the traditional "piking" of the pig, with the head raised upon a pike and displayed to all.

In addition to the six-weekend "run" of RPFN, this year saw the first "Heart of the Forest" Faire (aka "the Marin Faire") at Stafford Lake in Novato. An outgrowth of the popular Santa Barbara Renaissance Faire, this fair is much smaller, and provides a less structured, intimate setting for members of the archduchy to play. As this is a new venue, only time will tell how the archduchy will include this fair in a busy schedule in future years.

With fair season closing, the archduchy's attention now turns to hosting the Coronation of Karl and

Elisabeth on November 1. The archduchy of Tierra del Fuego invites all of the Empire to travel to our fair land and enjoy our hospitality at the beautiful Clocktower Fortress in Benicia. Complete details for the Coronation can be found on page 2 of this issue of the *Herald*.



*Members of the March of St. Michael during morning drill at the Renaissance Pleasure Faire North near Gilroy.*



# MISCELLANY

## A SQUIRE'S LIFE

by Squire Dominc Fitzkell

*Reprinted from the Scholary Bards Rolls, the newsletter of Ekaterinagorod*

I'm not writing this article because my knight, Sir Kell, asked me to well actually I am but I'm also writing this article because I honor and respect my knight. Unfortunately in this game I have seen Squires used as pages and servants, I have even seen squires traded to other knights or members of the court for services or other things. I have also seen were squires live in different areas than their knights. I don't know if the squire was okay with the arrangement, I personally see no problem with it, but it is *extremely inaccurate*, they are not servants, slaves and/or pages. Squires did have rights and responsibilities to *their* knights.

A squire's duties were many but the most important one was "to learn to be a knight." In today's parlance a squire is equivalent to a journeyman in a trade union and a knight would be a journeyman master. So they have to be closed by to train, not live in different areas. I'm going to apologize now to the knights and squires who do not pursue a knighthood in combat. Almost all of the research I have done shows that squires became combatant knights, arts and ministry knights is our own way to let everyone become a knight. (*Editor's note: The "Arts" equivalent to a squire would have been an apprentice or journeyman artisan.*)

A Squire's responsibilities include but not limited to:

1. Learn the art of combat

2. Learn to take care of his equipment
3. Learn to take care of his mount
4. Learn the proper behavior in court
5. Learn the rules of chivalry

In return for the lessons the squire:

1. Maintains and repairs **his** knight's equipment
2. Maintains **his** knight's mount
3. While housed in a building the squire sees to his knight's room (A.K.A Make sure the **servants** do their jobs)
4. While in camp the squire keeps the knight's camp (A.K.A. Make sure the tent get erected and food cooked even if he has to do it himself)
5. He is also the knight's secretary, messenger, and on **formal** occasions (A.K.A. In court or a feast) he is his knight's servant

In response for his service a knight:

1. Teaches him about combat of arms
2. Teaches him how to take care of his equipment and mount
3. Teaches him how to behave in court and official functions
4. Teaches him the Laws of Chivalry
5. Protect him from the abuses of others
6. Teaches him the King's Law

Squires were generally sent to their knight's house at a young age and they stayed with the knight until they earned their own spurs. It should be noted that most squires came from noble families or had important noble sponsors. So any knight who abused his squire could find him in big trouble.

## FIT FOR A REENACTOR: RECIPES FROM A RECENT FOOD NETWORK SPECIAL

by Dame Maud de Clayton

Recently, the Food Network ran a program entitled "Fit For A King: Food From the Court of Henry VIII." This one-hour program focuses on the cooking of the early and mid-16<sup>th</sup> century and features a number of recipes from some of the top Tudor food experts in Britain. The following recipes were featured on the program. While these redactions (modern versions of historic recipes) have been updated for modern methods, the taste is still approximately the same.

**Tarte de Brie**  
(redaction by Maureen Poole)

Pie dough for an 8" pie crust  
8 oz. brie cheese  
1 cup milk or cream  
2 eggs, beaten  
½ teaspoon powdered ginger  
Salt

Preheat the oven to 350°F. Line an 8-inch pie pan with pastry. Remove the outside rind from the cheese and cut the cheese into 1-inch square pieces. Place them into the lined dish. Cut the rind into neat triangular pieces and arrange them on top of the cheese. Beat together the milk, eggs, ginger and salt to taste. Pour carefully into the dish, trying not to disturb the arrangement of the rind. Bake for about 40 minutes or until the custard is set and the tart is golden brown on top.

**Maids of Honor**  
(redaction from Newen's Bakery, London)

According to legend, these little tarts were named by Henry VIII when he found Anne Bowlyn's maids of honor eating them at Hampton Court Palace.

(please see Recipes, page 10)

# MISCELLANY

## Recipes (continued from page 9)

- 8 oz. puff pastry
- 8 oz. curd cheese
- 1½ oz. caster sugar
- 1 lemon, rind grated
- 1 oz. ground almonds
- 1 large egg plus 1 egg yolk

Preheat the oven to 400°F. Roll pastry in both directions until about 1/8 inch thick. Cut in circles about 3 inches in diameter and let rest. Mix cheese, sugar, lemon rind, and almonds, then add egg and mix until combined. Press pastry into mini-muffin pans. It is important that it is thin on the base and thick on the sides. Fill about 2/3 full with mixture and bake for about 25 minutes, or until golden brown.

### Usquebaugh (redaction courtesy of Ivan Day)

- 4 oz. stoned muscatel raisins
- 2 dried figs, sliced
- 1 stick cinnamon
- ¼ nutmeg, grated
- 2 cloves
- 2 blades mace
- 1 liquorice stick
- 2 ½ cups brandy
- ½ cup good Madeira wine
- Large pinch saffron
- 1 ½ leaves 24 carat food grade gold leaf (use only food grade gold leaf)

Chop the dried fruit and bruise the spices. Infuse them into the brandy in a stoppered bottle for a week. Strain through a coffee filter. Add gold leaf and shake or blend until the gold is in tiny fragments. Bottle.

### Venison Pye (redaction courtesy of Maureen Poole)

- 1 oz. butter or lard
- 1 pound venison, cut into bite-size pieces
- 2 oz. raisins
- 2 oz. currants
- 2 oz. stoned prunes, chopped
- ½ teaspoon ground cloves
- 1 teaspoon ground mace
- ½ teaspoon ground black pepper
- 1 cup red wine
- Pie dough to cover the top of the dish
- 1 tablespoon each sugar, butter, and rose water

Preheat the oven to 350°F. Melt the butter or lard and fry the meat until brown. Add the fruits and spices. Pour in the wine and simmer, covered, until the meat is tender. If the liquid boils away, add a little stock or water. Place in a pie dish and

cover with pastry. Glaze with the sugar, butter and rose water and bake in a moderately hot oven for about ½ hour.

### Tart of Spiced Fruit (redaction courtesy of Maureen Poole)

- Pie dough for an 8-inch pie
- ½ pound dried figs
- ½ pound raisins
- 1 cup red wine
- 1 pound cooking apples
- 1 pound pears
- 4 oz. caster sugar (baker's sugar is a good substitute)
- 1 tablespoon sliced almonds
- ½ teaspoon ground clove
- ½ teaspoon ground mace
- ½ teaspoon ground cinnamon
- ½ teaspoon ground ginger

Preheat the oven to 350°F. Simmer figs and raisins in the wine for 30 minutes. Peel, core and slice the apples and pears. Add them, together with the sugar, almonds, and spices to the figs and raisins and simmer until the apples and pears are soft. Line a dish with pie dough. Fill with the fruit mixture and bake for 30 minutes or until pastry is cooked.

### Roast Salmon (redaction courtesy of Maureen Poole)

- 1 large salmon or trout
- 3 oz. softened butter
- 2 teaspoons ground mace
- 1 leek or large onion
- Mixed chopped herbs (parsley, sorrel, fennel, good king Henry, marjoram, etc.)
- ¾ cup white wine
- 10 cloves
- Ground black pepper
- Salt

Preheat the oven to 350°F. Scrape the scales off the fish. Slit and gut it. Combine the butter and mace and spread half on the inside cavity. Chop the leek or onion finely and mix with the herbs. Stuff into the salmon. Either sew up the fish or fasten with skewers. Place on a baking tray and spread with the rest of the butter and mace. Pour over white wine and sprinkle with cloves, pepper, and salt. Cover with foil and bake for 30 to 45 minutes, depending on the size of the fish. Pour the fish juices over to serve.



# IMPERIAL GOVERNMENT

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*Dame Juliana Hirsch, Archduchess of Brandenburg, became a Knight Premiere at the Imperial War West. Photo by Sir Jakob der Jude.*

# The Adrian Herald

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